



Standard 8: Educators contribute to the profession

1. The chosen evidence is a letter from George Kelly confirming that I presented a workshop at the *2015 VIU-Physical Education Conference*. Following a self-directed learning project on capoeira (a Brazilian martial art that includes music, dance and acrobatics), Mr. Kelly invited me to present a workshop at his conference so my peers would get the chance to discover this non-conventional physical activity, which happens to be one of Brazil's national sports. As I was interested in practicing my leadership skills, I accepted his invitation and presented a 1-hour workshop to 20 education students.

2. I chose this evidence in relation to Standard 8 because it clearly shows how, even as a student-teacher, I am already contributing to my profession by sharing what I learn with my peers. Even though Mr. Kelly was openly inviting all the education students to present at the conference, only 16 of us volunteered to give workshops. This conference was held at the very end of the semester and only a few days before our planning binders for practicum were due. It was not the ideal time to be putting this kind of pressure on myself, but I am glad I pulled through with this workshop because it gave me confidence in my skills as a presenter. I also genuinely enjoyed guiding my peers in their discovery of this fun community-building physical activity.

3. In offering this workshop, I built my confidence in teaching my peers and I practiced being a leader in my field. It was a great thing to do because I believe that I am a knowledgeable person who has a lot to share. As much as I like to learn from others, it is also important that I take the time to share my knowledge and skills for their benefit. This is why this learning standard is important to me. I realize that taking on a leadership role in my practice does involve taking a few risks but the rewards of serving others are significant. It is satisfying to contribute to other people's growth and this is why I love teaching. As I progress in my teaching career, I will seek to collaborate with both new and experienced teachers because I have a lot to share and a lot to learn. As I move forward, I ask myself: what other skills and expertise do I possess that I could share with my colleagues?